

GROCERY LIST

Keep this on your fridge and fill out what you need as you go.

Provided for you by *RealWorkingMom.com*

Quant.	Item	Type/Brand
PRODUCE		
_____	Grapes	_____
_____	Bananas	_____
_____	Apples	_____
_____	Oranges	_____
_____	Grapefruit	_____
_____	Peaches	_____
_____	Berries	_____
_____	Avocados	_____
_____	Lettuce	_____
_____	Spinach	_____
_____	Tomatoes	_____
_____	Onions	_____
_____	Potatoes	_____
_____	Other	_____
_____	Other	_____
_____	Other	_____
MEAT		
_____	Beef	_____
_____	Turkey	_____
_____	Fish/Seafood	_____
_____	Lunchmeat	_____
_____	Hot Dogs	_____
_____	Other	_____
_____	Other	_____
_____	Other	_____
DAIRY		
_____	Milk	_____
_____	Block Cheese	_____
_____	Grated Cheese	_____
_____	Cottage Cheese	_____
_____	String Cheese	_____
_____	Cream Cheese	_____
_____	Yogurt	_____
_____	Sour Cream	_____
_____	Eggs	_____
_____	Other	_____
_____	Other	_____
_____	Other	_____
FROZEN		
_____	Pizza	_____
_____	Breakfast	_____
_____	Juice	_____
_____	Vegetables	_____
_____	Meals	_____
_____	Meat	_____
_____	Ice Cream	_____
_____	Other	_____
_____	Other	_____
_____	Other	_____

Quant.	Item	Type/Brand
BAKERY		
_____	Bread	_____
_____	Rolls	_____
_____	Buns	_____
_____	Muffins	_____
_____	Dessert	_____
_____	Other	_____
_____	Other	_____
GROCERY		
_____	Pasta	_____
_____	Sauce	_____
_____	Canned Soup	_____
_____	Juice	_____
_____	Tuna	_____
_____	Condiments	_____
_____	Salad Dressing	_____
_____	Cooking Oil	_____
_____	Peanut Butter	_____
_____	Jelly	_____
_____	Pickles	_____
_____	Salsa	_____
_____	Cereal	_____
_____	Breakfast Bars	_____
_____	Coffee	_____
_____	Flour	_____
_____	Sugar	_____
_____	Crackers	_____
_____	Chips	_____
_____	Cookies	_____
_____	Fruit Snacks	_____
_____	Formula	_____
_____	Baby Food	_____
_____	Diapers	_____
_____	Other	_____
_____	Other	_____
_____	Other	_____
_____	Other	_____
MISC.		
_____	Paper Towels	_____
_____	Paper Plates	_____
_____	Toilet Paper	_____
_____	Garbage Bags	_____
_____	Cleaner	_____
_____	Detergent	_____
_____	Greeting Cards	_____
_____	Batteries	_____
_____	Light Bulbs	_____
_____	Other	_____
_____	Other	_____
_____	Other	_____